

Prayers for Vajrayogini Teachings



THARPA

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This pdf is not for sale.

*It is for the use of those attending the online
NKT-IKBU International Summer Festival, 2021.*



THARPA



Liberating Prayer

PRAISE TO BUDDHA SHAKYAMUNI

O Blessed One, Shakyamuni Buddha,
Precious treasury of compassion,
Bestower of supreme inner peace,

You, who love all beings without exception,
Are the source of happiness and goodness;
And you guide us to the liberating path.

Your body is a wishfulfilling jewel,
Your speech is supreme, purifying nectar,
And your mind is refuge for all living beings.

With folded hands I turn to you,
Supreme unchanging friend,
I request from the depths of my heart:

Please give me the light of your wisdom
To dispel the darkness of my mind
And to heal my mental continuum.

Please nourish me with your goodness,
That I in turn may nourish all beings
With an unceasing banquet of delight.

Through your compassionate intention,
Your blessings and virtuous deeds,
And my strong wish to rely upon you,

May all suffering quickly cease
And all happiness and joy be fulfilled;
And may holy Dharma flourish for evermore.



Prayers for Vajrayogini Teachings

Going for refuge

I and all sentient beings, until we achieve enlightenment,
Go for refuge to Buddha, Dharma and Sangha.

(3x)

Generating bodhichitta

Through the virtues I collect by giving and other
perfections,
May I become a Buddha for the benefit of all.

(3x)

Prayer of seven limbs

With my body, speech and mind, humbly I prostrate,
And make offerings both set out and imagined.
I confess my wrong deeds from all time,
And rejoice in the virtues of all.
Please stay until samsara ceases,
And turn the Wheel of Dharma for us.
I dedicate all virtues to great enlightenment.

Requesting mandala offering

*On the first day of the teaching we recite the long mandala
offering and the two short verses. Thereafter we recite only
the two short verses.*

OM VAJRA BHUMI AH HUM

Great and powerful golden ground,

OM VAJRA REKHE AH HUM

At the edge the iron fence stands around the outer circle.

In the centre Mount Meru the king of mountains,

Around which are four continents:

In the east, Purvavideha, in the south, Jambudipa,

In the west, Aparagodaniya, in the north, Uttarakuru.

Each has two sub-continents:

Deha and Videha, Tsamara and Abatsamara,

Satha and Uttaramantrina, Kurava and Kaurava.

The mountain of jewels, the wish-granting tree,

The wish-granting cow, and the harvest unsown.

The precious wheel, the precious jewel,

The precious queen, the precious minister,

The precious elephant, the precious supreme horse,

The precious general, and the great treasure vase.

The goddess of beauty, the goddess of garlands,

The goddess of song, the goddess of dance,

The goddess of flowers, the goddess of incense,

The goddess of light, and the goddess of scent.

The sun and the moon, the precious umbrella,

The banner of victory in every direction.

In the centre all treasures of both gods and men,

An excellent collection with nothing left out.

I offer this to you my kind root Guru inseparable from
the Venerable Lady,

And request you to grant me your profound blessings.

Please accept with compassion for migrating beings,

And having accepted, please grant us your blessings.

O Treasure of Compassion, my Refuge and Protector,

I offer you the mountain, continents, precious objects,
treasure vase, sun and moon,

Which have arisen from my aggregates, sources, and elements

As aspects of the exalted wisdom of spontaneous bliss and
emptiness.

I offer without any sense of loss
The objects that give rise to my attachment, hatred and
confusion,
My friends, enemies and strangers, our bodies and
enjoyments;
Please accept these and bless me to be released directly
from the three poisons.

IDAM GURU RATNA MANDALAKAM NIRYATAYAMI

Requesting the lineage Gurus

Vajradharma, Lord of the family of the ocean of Conquerors,
Vajrayogini, supreme Mother of the Conquerors,
Naropa, powerful Son of the Conquerors,
I request you, please bestow the spontaneously-born
exalted wisdom.

Pamtingpa, holder of the explanations of the great secrets
for disciples,
Sherab Tseg, you are a treasure of all the precious secrets,
Malgyur Lotsawa, lord of the ocean of Secret Mantra,
I request you, please bestow the spontaneously-born
exalted wisdom.

Great Sakya Lama, you are powerful Vajradhara,
Venerable Sonam Tsemo, supreme vajra son,
Dragpa Gyaltsen, crown ornament of the vajra holders,
I request you, please bestow the spontaneously-born
exalted wisdom.

Great Sakya Pandita, master scholar of the Land of the
Snows,
Drogon Chogyel Pagpa, crown ornament of all beings of
the three grounds,
Shangton Choje, holder of the Sakya doctrine,
I request you, please bestow the spontaneously-born
exalted wisdom.

Nasa Dragpugpa, powerful accomplished one,
Sonam Gyaltsen, navigator of scholars and supremely
accomplished ones,
Yarlungpa, lord of the whispered lineage of the family of
accomplished ones,
I request you, please bestow the spontaneously-born
exalted wisdom.

Gyalwa Chog, refuge and protector of all migrators, both
myself and others,
Jamyang Namka, you are a great being,
Lodro Gyaltsen, great being and lord of the Dharma,
I request you, please bestow the spontaneously-born
exalted wisdom.

Jetsun Doringpa, you are unequalled in kindness,
Tenzin Losel, you have practised in accordance with the
[Guru's] words,
Kyentse, the expounder of the great, secret lineage of
words,
I request you, please bestow the spontaneously-born
exalted wisdom.

Labsum Gyaltsen, holder of the mantra families,
Glorious Wangchug Rabten, all-pervading lord of the
hundred families,
Jetsun Kangyurpa, principal of the families,
I request you, please bestow the spontaneously-born
exalted wisdom.

Shaluwa, all-pervading lord of the ocean of mandalas,
Kyenrabje, principal of all the mandalas,
Morchempa, lord of the circle of mandalas,
I request you, please bestow the spontaneously-born
exalted wisdom.

Nesarpa, navigator of the ocean of whispered lineages,
Losel Phuntsog, lord of the whispered lineages,

Tenzin Trinlay, scholar who furthered the whispered
lineages,
I request you, please bestow the spontaneously-born
exalted wisdom.

Kangyurpa, all-pervading lord upholding the Ganden
doctrine,
Ganden Dargyay, friend of migrators in degenerate times,
Dharmabhadra, holder of the Ganden tradition,
I request you, please bestow the spontaneously-born
exalted wisdom.

Losang Chopel, lord of the Sutras and Tantras,
You have completed the essence of the paths of all the
Sutras and Tantras.
Jigme Wangpo, scholar who furthered the Sutras and
Tantras,
I request you, please bestow the spontaneously-born
exalted wisdom.

Dechen Nyingpo, you have the blessings of Naropa
To explain perfectly in accordance with Naropa
The essence of the excellent ripening and liberating paths
of the Naro Dakini,
I request you, please bestow the spontaneously-born
exalted wisdom.

Losang Yeshe, Vajradhara,
You are a treasury of instructions on the ripening and
liberating [paths] of the Vajra Queen,
The supreme, quick path for attaining the vajra state,
I request you, please bestow the spontaneously-born
exalted wisdom.

Kelsang Gyatso, you have completed all the profound
and essential exalted states,
You are the compassionate Refuge and Protector of
mother sentient beings,

You reveal the unmistakable path,
I request you, please bestow the spontaneously-born
exalted wisdom. (3x)

My kind root Guru, Vajradharma,
You are the embodiment of all the Conquerors,
Who grant the blessings of all Buddhas' speech,
I request you, please bestow the spontaneously born
exalted wisdom.

Please bless me so that through the force of meditation
On the Dakini yoga of the profound generation stage,
And the central channel yoga of completion stage,
I may generate the exalted wisdom of spontaneous great
bliss and attain the enlightened Dakini state.

Special request

O Vajra Holder, please explain the instructions
Of the two stages of glorious Vajrayogini,
Which are the source of all attainments,
And a great treasury of blessings. (3x)

Enumerating the eleven yogas

*The following is recited once by the Spiritual Guide, and then
twice by the disciples.*

Sleeping, rising, experiencing nectar,
The yoga of the immeasurables, the yoga of the Guru,
Generating oneself as the Deity,
Purifying migrators,
Receiving the blessings of the Heroes and Heroines,
Verbal and mental recitations,
The yoga of inconceivability,
And the yoga of daily actions –
These are the eleven yogas.

Thanking mandala offering

Until the last day of the teaching it is necessary to recite only the short mandala offering verse, but on the last day we recite both the long mandala offering and the short mandala offering verse.

OM VAJRA BHUMI AH HUM

Great and powerful golden ground,

OM VAJRA REKHE AH HUM

At the edge the iron fence stands around the outer circle.

In the centre Mount Meru the king of mountains,

Around which are four continents:

In the east, Purvavideha, in the south, Jambudipa,

In the west, Aparagodaniya, in the north, Uttarakuru.

Each has two sub-continents:

Deha and Videha, Tsamara and Abatsamara,

Satha and Uttaramantrina, Kurava and Kaurava.

The mountain of jewels, the wish-granting tree,

The wish-granting cow, and the harvest unsown.

The precious wheel, the precious jewel,

The precious queen, the precious minister,

The precious elephant, the precious supreme horse,

The precious general, and the great treasure vase.

The goddess of beauty, the goddess of garlands,

The goddess of song, the goddess of dance,

The goddess of flowers, the goddess of incense,

The goddess of light, and the goddess of scent.

The sun and the moon, the precious umbrella,

The banner of victory in every direction.

In the centre all treasures of both gods and men,

An excellent collection with nothing left out.

I offer this to you my kind root Guru inseparable from the

Venerable Lady,

And thank you for bestowing upon me the kindness of
your profound blessings.

Please accept with compassion for migrating beings,

And having accepted please grant us your blessings.

The ground sprinkled with perfume and spread with
flowers,
The Great Mountain, four lands, sun and moon,
Seen as a Buddha Land and offered thus,
May all beings enjoy such Pure Lands.

IDAM GURU RATNA MANDALAKAM NIRYATAYAMI

Thanking Prayer

O Protector we rejoice,
And thank you from the depths of our heart
For your excellent explanation of the instructions
Of the two stages of glorious Vajrayogini.

For myself and all living beings
Seeking liberation and protection
You have accomplished great meaning
By attaining perfect, complete enlightenment.

Dedication

By this virtue may I quickly
Accomplish the actual Dakini,
And then lead every living being
Without exception to that ground.

Thus, through the yogas [numbering] the directions and
the moon,
May I eventually be led directly to the city of Knowledge
Holders
By the coral-coloured Lady of joy
With freely hanging vermilion hair and orange, darting eyes.

In short, may I never be parted from you, Venerable
Guru Dakini,
But always come under your care,
And swiftly completing the grounds and paths
Attain the great Dakini state.

Auspicious prayer

May there be the auspiciousness of your countless
millions of emanations
And the hosts of the seventy-two thousand [Dakinis]
Eliminating all the obstructions of practitioners
And bestowing the attainments that are longed for.

Prayer for the Virtuous Tradition

So that the tradition of Je Tsongkhapa,
The King of the Dharma, may flourish,
May all obstacles be pacified
And may all favourable conditions abound.

Through the two collections of myself and others
Gathered throughout the three times,
May the doctrine of Conqueror Losang Dragpa
Flourish for evermore.

The nine-line *Migtsema* prayer

Tsongkhapa, crown ornament of the scholars of the
Land of the Snows,
You are Buddha Shakyamuni and Vajradhara, the
source of all attainments,
Avalokiteshvara, the treasury of unobservable
compassion,
Manjushri, the supreme stainless wisdom,
And Vajrapani, the destroyer of the hosts of maras.
O Venerable Guru-Buddha, synthesis of all Three Jewels,
With my body, speech and mind, respectfully I make
requests:
Please grant your blessings to ripen and liberate myself
and others,
And bestow the common and supreme attainments.

(3x)

Colophon: *This practice was compiled from traditional sources by Venerable Geshe Kelsang Gyatso Rinpoche, and translated under his compassionate guidance, 1994.*

The verse of request to Venerable Geshe Kelsang Gyatso Rinpoche was composed by the glorious Dharma Protector, Duldzin Dorje Shugden, at the request of Venerable Geshe Kelsang's faithful disciples, and has been included in this sadhana at their request.

Liberating Prayer *was composed by Venerable Geshe Kelsang Gyatso Rinpoche and is recited at the beginning of teachings, meditations and prayers in Kadampa Buddhist Centres throughout the world.*



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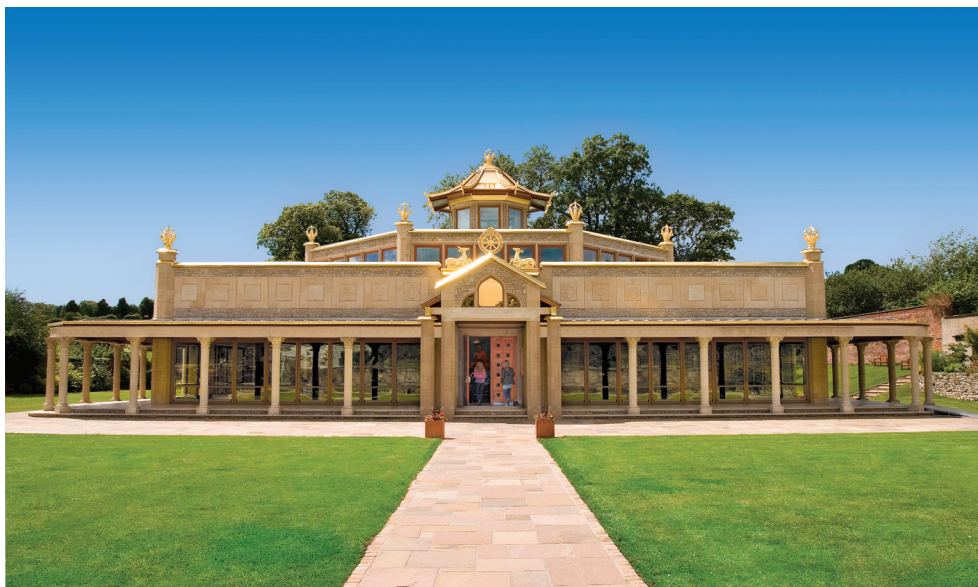
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The images at the front are Buddha Shakyamuni and Buddha Vajrayogini; the images at the back are the Kadampa Buddhist Temple, Ulverston, UK, and Offering a Mandala.

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at Manjushri Kadampa Meditation Centre, Ulverston,
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Venerable Geshe Kelsang Gyatso Rinpoche.

